

Personal I AM Affirmation

In this moment I grant myself the permission to open to and embrace a new idea of who **I AM**.

I take full responsibility for the decisions in my life that have led me to this sacred moment. I choose to do this without any guilt, shame or regret, understanding that for each moment of my existence I have done the best that I could have at that particular moment. I understand that everyone is doing the best he or she can in his or her own way for daily survival, just like me.

While I may not condone some of the actions that I, or others have taken previously, or choose them again, I will draw upon the wisdom gained from these experiences to make new more empowered choices now.

I AM learning that every experience that I have gone through during my entire life has served me in some way. Therefore, I choose to accept and be grateful for everything and everyone in my life that is allowing me to learn the lessons that I have brought myself. I understand that in each moment the elegant universe is always presenting me with exactly what I need to learn and accept about my situation in order for me to move closer to the experiences that I truly desire.

I AM worthy of peace, happiness, love, and the vision of life I imagine for myself. I now realize that any idea of personal imperfection, lack or limitation is an illusion. This is an illusion that I no longer choose to maintain and live my life by, but rather, I choose set myself free to a new life of unlimited possibility.

I AM not who I was 10 years ago 1 week ago or even five minutes ago. **I AM** whom I decide to be right NOW. This is my greatest power.

While I may have many new learning experiences along the way to what I ultimately want to achieve, I will eventually succeed because I have awakened to fully honor, respect, and have faith in the true power, love and creative perfection that **I AM**.

For more information please visit www.thebookIAM.com or www.HowardFalco.com

